

SCHEDULE – TEAM TRAINING

VERSAILLES POOL



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
08:30	8:35-9 AM dryland	8:35-9 AM dryland		8:35-9 AM dryland					
09:00	Diving Team	Synchro Team		Synchro Team					
09:30	9-10 AM water	9-10 AM water		9-10 AM water					
10:00	Swim Team 10 and under 10:15-11:15 AM								
10:30									
11:00									
11:30	Swim Team 11 and over 11:15-12:30 AM					Masters - adult lessons			
12:00						Waterpolo 11:45-12:30 PM		11:30-12:30 PM	Waterpolo 11:45-12:30 PM
12:30									
01:00	Aquafit 12:45-13:45 PM		Synchro Team 12:45-14:15 PM	Aquafit 12:45-13:45 PM			Aquafit 12:45-13:45 PM		
01:30									
02:00									
02:30									
03:00									
03:30		Diving Team 14:50-16:15 PM		Diving Team 14:50-16:15 PM					
04:00									
07:30									
08:00	Masters 19:45-20:45 PM			Adult lessons 19:45-20:45 PM					
08:30									
09:00									

Swimming lessons are from 9AM to 11:30AM