

SCHEDULE - TEAM TRAINING

VERSAILLES POOL



	MONDAY	TUESDAY	WENESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
08:30	8:30-9 AM dryland	8:30-9 AM dryland		8:30-9 AM dryland			
09:00	Diving	Synchro		Synchro			
09:30	9-10 AM water	9-10 AM water		9-10 AM water			
10:00							
10:30	Swimming 10 and under 10:30-11:15 AM						Lifesaving classes 10:15-12:45
11:00	Swimming 11 and over 11:15-12:15 AM						
11:30					Waterpolo 11h15-12h45	Masters - adult lessons 11:30-12:30 AM	
12:00							
12:30							
01:00	Aquafit 1:00 -1:45 PM		Synchro 12:30-2:00 PM	Aquafit 1:00 -1:45 PM			Aquafit 1:00 -1:45 PM
01:30							
02:00							
02:30							
03:00							
03:30		Diving 3:15-4:45 PM		Diving 3:15-4:45 PM			
04:00							
04:30							
07:30				Masters - adult lessons 7:30-8:30 PM			Adult lessons 7:30-8:30 PM
08:00							
08:30							

Swimming lessons are from 9 to 11:30 AM